



The Pinnistal toboggan run

Take the Elfer cable car or embark on a scenic 2.5-hour hike to reach the mountain station where the longest natural toboggan run in Tyrol begins. It leads across the back of Mt Elfer through the idyllic Pinnistal valley towards Needer. For an evening thrill, on Monday, Wednesday, and Friday, you can enjoy tobogganing at night (without lights!) along this enchanting route.

- **Length:** 8,000m
- **Difficulty:** moderate
- **Refreshments:** Panoramarestaurant Elfer, Issenangeralm
- **Opening hours:** daily (night tobogganing only on Monday, Wednesday, Friday)
- **Toboggan hire:** Elfer cable car valley station

Elfer toboggan run – Neustift village

Take the Elfer cable car to the mountain station and then toboggan down the front of the mountain to Neustift. This run is beautifully floodlit for evening rides on Monday, Wednesday, and Friday.

- **Length:** 8,000m
- **Difficulty:** moderate
- **Refreshments:** Panoramarestaurant Elfer
- **Opening hours:** daily (night tobogganing only on Monday, Wednesday, Friday)
- **Toboggan hire:** Elfer cable car valley station



Brandstattalm toboggan run

Embark on a hike from the quaint Brandstattalm mountain hut, following the path to the “Josef” car park and then ascending the mountain in approximately 1.5 hours. Twice weekly, on Wednesday and Saturday, thrill-seekers can also enjoy night tobogganing (without lighting!) on this route.

- **Length:** 3,510m
- **Difficulty:** moderate
- **Refreshments:** Brandstattalm mountain hut
- **Opening hours:** daily (night tobogganing only on Wednesday and Saturday)
- **Toboggan hire:** Brandstattalm mountain hut

The Milderaun toboggan run

The Milderaun Alm toboggan run offers two exciting variants, each promising a winter tobogganing experience filled with fun and pure enjoyment of nature!

Option 1: Milderaun Alm – Krössbach

This slightly shorter route takes around 1.5 hours and leads via Krössbach through snow-covered forests to the Milderaun Alm.

- **Length:** 5,000m
- **Difficulty:** moderate
- **Refreshments:** Milderaun Alm mountain hut
- **Opening hours:** daily (night tobogganing only on Tuesday, Friday, and Saturday)
- **Toboggan hire:** Milderaun Alm; headlamps can also be hired here, and a shuttle service is available on request by telephone.

Option 2: Milderaun Alm – Milders

The walk from the Bichlhof car park in Milders takes 2 hours and leads to the Milderaun Alm mountain hut via several hairpin bends.

- **Length:** 5,000m
- **Difficulty:** moderate
- **Refreshments:** Milderaun Alm
- **Opening hours:** daily (night tobogganing only on Tuesday, Friday, and Saturday)
- **Toboggan hire:** Milderaun Alm; headlamps can also be hired here, and a shuttle service is available on request by telephone.

